

SYSTEM REVIEW

PATIENT NAME _____ DATE ____/____/____

***PLEASE CHECK ALL FOLLOWING SYMPTOMS THAT YOU HAVE HAD:**

Muscle-Skeletal System

- Low back problems
- Pain btwn shoulders
- Neck problems
- Arm problems
- Leg problems
- Swollen joints

Genital-Urinary System

- Excess urination
- Scantly urination
- Painful urination
- Discolored urine

Female

- Vag. Discharge
- Vag. Bleeding
- Vag. Pain
- Breast Pain

Lumps on breast

Are you pregnant?

yes no

Are you nursing?

yes no

Are you taking birth control?

yes no

Gastro-Intestinal System

- Poor appetite
- Excess hunger
- Difficult swallowing
- Excess thirst
- Nausea
- Vomiting
- Abdominal pain
- Diarrhea
- Constipation
- Hemorrhoids
- Liver problem
- Gall bladder problem
- Weight problem

Nervous System

- Numbness
- Loss of feeling
- Paralysis
- Dizziness
- Headaches
- Confusion
- Depression

Cardio-Vascular-Respiratory

- Chest pain
- Difficult breathing
- Cough's phlegm
- Cough's blood
- Rapid heartbeat
- Lung problems
- Varicose veins

Eye, Ear, Nose, & Throat

- Eye strain
- Eye inflammation
- Vision problems
- Ear pain
- Ear noises
- Ear discharge
- Hearing loss
- Nose discharge
- Difficult breathing through nose
- Dental problem
- Sore throat
- Hoarseness

Daily Habits

What type of exercise do you perform on a daily basis? None Moderate Heavy

What do your daily work habits include? (ex. Sitting, standing, light labor, heavy labor, computer work)

What vitamins do you currently take? _____

What kind of other nutritional supplements do you take (if any)? _____

Do you smoke? No Yes How much per day? _____

How much alcohol do you consume on a weekly basis? _____

How much coffee or caffeinated beverages do you consume on a daily basis? _____

X _____
SIGNATURE OF PATIENT (OR PARENT IF A MINOR)

_____/_____/_____
DATE

DATE ____ / ____ / ____

NAME _____ DATE OF BIRTH ____ / ____ / ____ SEX _____

ADDRESS _____ CITY _____ ZIP _____

HOME PHONE_(____) _____ BUSINESS_(____) _____

OCCUPATION _____

EMPLOYER _____ S.S.# _____

MARITAL STATUS (S) (M) (D) (W) NO. OF CHILDREN _____

WHO REFERRED YOU TO OUR OFFICE? _____

WHAT IS YOUR PRESENT COMPLAINT? _____

HOW LONG HAS IT BEEN PRESENT? _____

HAVE YOU SEEN ANOTHER DOCTOR FOR THIS CONDITION? _____

IF YES, LIST THE DOCTOR AND THE DIAGNOSIS: _____

LIST ANY MEDICATIONS YOU ARE CURRENTLY TAKING: _____

LIST ALL SURGERIES YOU HAVE HAD: _____

LIST ALL MAJOR ILLNESSES YOU HAVE HAD: _____

LIST ALL MAJOR ILLNESS IN YOUR FAMILY HISTORY: _____

LIST ALL ALLERGIES YOU HAVE: _____

